

## HEALTH INSURANCE RATES - JANUARY 1, 2004

HEALTH PLANS	Plans for: All Active Unionized Employees					Plans For: Medicare Supplements		Survivor Monthly Rate	"Cobra" Monthly Rates Includes2% Admin Fee	"M" Schedule and Non Union Rates	
	Monthly Rate	Town Monthly Rate	Subscriber Monthly Rate	Subscriber Weekly Rate	Subscriber Bi Weekly Rate	Monthly Rate	Weekly Rate			Subscriber Monthly Rates	Subscriber Weekly Rates
										20%	
BLCI	Blue Choice / Individual	\$625.49	\$469.13	\$156.36	\$39.09	\$78.18		\$312.75	\$638.00	\$156.36	\$39.09
BLCF	Blue Choice / Family	1,563.62	1,172.74	390.88	97.72	195.44		781.81	1,594.89	390.88	97.72
HMOBI	HMO Blue / Individual	391.34	352.22	39.12	9.78	19.56		195.67	399.17	78.27	19.57
HMOBF	HMO Blue / Family	1,009.97	908.97	101.00	25.25	50.50		504.99	1,030.17	201.99	50.50
HVDPI	Harvard Pilgrim / Individual	414.39	372.95	41.44	10.36	20.72		207.20	422.68	82.88	20.72
HVDPF	Harvard Pilgrim / Family	1,064.99	958.51	106.48	26.62	53.24		532.50	1,086.29	213.00	53.25
MMEDI	Major Medical / Individual	1,063.23	797.43	265.80	66.45	132.90		531.62	1,084.49	265.81	66.45
MMEDF	Major Medical / Family	2,791.37	2,093.53	697.84	174.46	348.92		1,395.69	2,847.20	697.84	174.46
MHPI	Master Health + / Individual	596.69	447.53	149.16	37.29	74.58				149.17	37.29
MHPF	Master Health + / Family	1,546.80	1,160.08	386.72	96.68	193.36				386.70	96.68
MEDEX	Medex III	292.35	219.26				73.09	18.27	146.18		
MNBLS	Managed Blue for Seniors	285.11	256.60				28.51	7.13	142.56		
HVDFS	Harvard First Seniority	192.00	172.80				19.20	4.80	96.00		
Effective March 1, 2004, Harvard 1st Seniority rates dropped from \$210 to \$192											
NOTE: MASTER HEALTH PLUS - ARLINGTON ADMINISTRATORS & ARLINGTON EDUCATION ASSOC ONLY - PARTICIPATION FROZEN AFTER JANUARY 1, 2000											

### DENTAL INSURANCE: IF AFTER ENROLLED, YOU DROP DENTAL INS., YOU CAN'T ENROLL AGAIN.

Only available to: "680", NAGE, Librarians, Fire, Patrolmen, Ranking Officers, Non-Union, M Schedule & Retirees

								Survivor Monthly Rate	"Cobra" Monthly Rates Includes2% Admin Fee		
	Monthly Rate	Town Monthly Rate	Subscriber Monthly Rate	Subscriber Weekly Rate	Subscriber Bi Weekly Rate	Monthly Rate	Weekly Rate			Subscriber Monthly Rates	Subscriber Weekly Rates
DENTI	Dental Blue / Individual	38.17	38.17			38.17		38.17	38.93	38.17	
DENTF	Dental Blue / Family	89.64	89.64			89.64		89.64	91.43	89.64	

